

**Psychology MA Final Exam Topics**  
**Specialization in Counselling and School Psychology**

**1.**

A Describe the stages of the counseling process, the basic principles, factors and goals. What is transference, countertransference and how to work with them during counselling?

B Describe different tools and methods which could help children to cope with anxiety (coping cat, desensitization, relaxation techniques).

**2.**

A Describe the transtheoretical model of change (stages of change).

B How can you improve social skills and group cohesion in the classroom environment? In which cases and how would you conduct sociodrama?

**3.**

A Describe the Seven Stages of Process by Carl Rogers. How can you identify the stage your client currently is in? How can you work with these stages during counselling?

B Why and how would you use sociometry in a classroom?

**4.**

A Describe the crisis in the counselling process (types, symptoms, stages).

B How would you map the current state of a school and assess the difficulties and the future possibilities?

**5.**

A Describe the major issues addressed in the counselling (eg. transference, life crisis, grieving).

B Describe how to approach career counseling for high school students (tools and methods).

**6.**

A Describe the stages of the couple and family counselling process, the basic principles, factors and goals.

B Introduce a prevention or intervention program of your own choice (which area, age group, etc).

**7.**

A Describe the tasks and duties of a school psychologist and the working attitude (system based approach)

B Describe how to use the 2 profile Szondi test in counselling!

**8.**

A Describe the methods and process of assessment in school psychology.

B Describe the work with genogram in counselling!

**9.**

A Describe the system oriented view of schools.

B Describe the drawing tests that you can use in counselling!

**10.**

A How to conduct intervention/prevention programs in school.

B What are the technical / methodological considerations of family counselling involving children?

**11.**

A Describe the social, emotional and behavioral aspects of gifted and/or special need children in the classroom

B How to set boundaries in counselling and why do we need them?

**12.**

A Describe the behavioral issues in the school system (types, causes, effects, participants, possible solutions).

B Describe the Micro Skills used in counselling and their effect.